



## **SAFETY CODE OF Canadian National Boxing Authority**

### **REQUIRED TESTS FOR SANCTIONING, AND LICENSING BY HOME JURISDICTION**

1. The Canadian National Boxing Authority requires that all boxers taking part in its elimination contests, challenging for championships or taking part in unification bout sanctioned by our organization undergo a thorough physical examination annually, in conjunction with all specified medical tests by their home licensing jurisdiction.
  - a. The Canadian National Boxing Authority or the hosting commission overseeing the contest may at their discretion request additional tests as a result of a prior or present condition.
  - b. The Canadian National Boxing Authority requires the following tests with a negative result:
    - i. Negative HIV, Hepatitis B, and Hepatitis C within six (6) months of the sanctioned contest, or as specified by the host commission.
    - ii. No boxer that tests positive shall be permitted to box in a Canadian National Boxing Authority sanctioned contest.
    - iii. ECG and general physical with the appropriate documentation indicating the boxer has no restriction and is fit to box.
  - c. The Canadian National Boxing Authority recommends yearly eye exams to be submitted to licensing jurisdiction.
  - d. Tests results be forwarded no less than two (2) weeks ahead of the sanctioned bout, or as otherwise dictated by the hosting commission. All required tests must meet the standards of the hosting commission legislated to regulate professional boxing.
  - e. The Canadian National Boxing Authority shall blend its rules and regulations with the hosting commission duly legislated to regulate the sanctioned event.

### **RATINGS – SAFETY CODE REQUIREMENTS (From Constitution)**

2. To be eligible for inclusion in the official list of rated contenders, boxers shall meet the medical requirements of the Canadian National Boxing Authority, the hosting commission or authority and observe the Canadian National Boxing Authority Safety Code.
  - a. The supervision and safety standards in all Canadian National Boxing Authority sanctioned bouts are expressively controlled by the host boxing commission legally in place to regulate, control and supervise professional boxing within its jurisdiction.
  - b. **No challenger** can be sanctioned to challenge for any CNBA title coming off consecutive KO losses, or having lost their last three contests at the sole discretion of the Canadian National Boxing Authority.

#### **CNBA BLOOD BOOSTING POLICY**

3. The Canadian National Boxing Authority prohibits the practice of "blood boosting" utilized to enhance the boxer's performance.

#### **ANNUAL MEDICAL FOR ALL CNBA OFFICIALS**

4. Officials utilized by the Canadian National Boxing Authority shall undergo medical examinations in accordance with commission policy in their licensed jurisdiction or where the sanctioned contest takes place if deemed necessary.

#### **Canadian National Boxing Authority BOXER RECORDS CERTIFICATION**

5. Information pertaining to the boxer's record, including any rest period or suspension must be accurate and up-to-date when applications and sanctions are considered.

#### **PRE-FIGHT DISCLOSURE BY BOXERS**

6. Injuries sustained while in training (cuts and knockouts) or other sustained injuries shall be conveyed immediately by the Boxer, his/her manager or designate to by their home licensing commission, the hosting commission and the Canadian National Boxing Authority.
  - a. The injured boxer shall undergo all recommended tests to determine the full nature of their injury or injuries as designated by the host commission and examining physician at time of examination to determine their present health status.
  - b. Tests reports shall be forwarded to their home licensing commission, the hosting commission and the Canadian National Boxing Authority as requested.

#### **PRE-FIGHT HEALTH DISCLOSURE BY BOXER**

7. Where a sanctioned boxer is treated for any illness or injury within ten (10) days by his/her personal physician or hospitalized, he/she, their manager or designate shall notify immediately their home licensing commission, the hosting commission and the Canadian National Boxing Authority.

- a. Boxers who become ill or injured within seventy-two (72) hours of their Canadian National Boxing Authority sanctioned contest shall report their situation to the hosting commission and undergo all necessary medical assessments and treatments, including being examined by the hosting commission physician.
- b. In conjunction with the hosting commission and depending on the severity of the illness or injury the sanction may be declined when deemed advisable.

#### **FAILURE TO DISCLOSE INJURIES BY BOXER**

8. Should any participant scheduled to participate in a Canadian National Boxing Authority sanctioned contest fail to inform the commission in their licensed jurisdiction or the hosting commission, and the Canadian National Boxing Authority of any injuries sustained in training or otherwise for their planned bout and under 8. **Failure to Disclose Injuries by Boxer** of the Safety Code, the Canadian National Boxing Authority may consider cancelling the sanction for health concerns and/or fine the boxer at its sole discretion for failure to abide by the Safety Code.

#### **MANDATORY FEMALE PREGNANCY TESTS**

9. All female boxers sanctioned by the Canadian National Boxing Authority to compete in any contest shall have and provide a negative pregnancy test to the hosting commission, having been completed no less than seventy-two (72) hours leading up to the contest. Tests may not exceed seven (7) days under any circumstances.
  - a. Positive pregnancy testing will result in the automatic termination of the contest sanction.
  - b. The hosting commission physician will also carry out the pre-fight medical examination.

#### **WEIGH-IN CEREMONIES (From the Canadian National Boxing Authority Constitution)**

10. Each boxer shall be at the official weigh-in at the pre-determined time and weigh him/herself on the scales in the presence of his/her opponent, the Commission and the delegated Canadian National Boxing Authority Supervisor(s).
  - a. Official weigh-in ceremony shall take place not more than thirty (30) hours, nor less than eight (8) hours before the scheduled start of the contest.
  - b. The official scale shall be available to both boxers two (2) hours ahead of the official weigh-in, and
  - c. All boxers shall be afforded up to two (2) hours to make the contractual weight prior to the official weigh-in ceremony.
  - d. No boxer shall be permitted to lose more than three (3) percent of his/her body weight in order to make the contractual weight for the contest and
  - e. In such cases, if that boxer is within the “weight differential” guidelines, the bout shall take place, however, the overweight boxer cannot win or retain their championship.

## **ALLOWABLE WEIGHT DIFFERENTIALS RECOGNIZED BY THE CNBA (CNBA Championship Rules)**

11. Where one of the contestants contracted to participate in any National Boxing Championship fails to make the prescribed weight, the contest will still take place, with only the boxer making the prescribed weight being eligible to win or retain the Championship at stake, provided the weight difference between the boxers is within the following limits:
  - a. Where the lighter contestant weighs less than 118 pounds, not more than 3- pounds weight difference;
  - b. Where the lighter contestant weighs 118 pounds or more, but less than 126 pounds, not more than 5-pounds weight difference;
  - c. Where the lighter contestant weighs 126 pounds or more, but less than 135 pounds, not more than 7-pounds weight difference;
  - d. Where the lighter contestant weighs 135 pounds or more, but less 147 pounds, not more than 9-pounds weight difference;
  - e. Where the lighter contestant weighs 147 or more, but less than 160 pounds, not more than 11- pounds weight difference;
  - f. Where the lighter contestant weighs 160 or more, but less than 175 pounds, not more than 12-pounds weight difference;
  - g. Where the lighter contestant weighs 175 or more, but less than 200 pounds, not more than 14-pounds weight difference;
  - h. Where the lighter contestant weighs more than 200 pounds, no limit.

## **PRE-FIGHT MEDICAL FOR SANCTIONED CONTESTS**

12. All boxers shall submit to pre-fight medicals at intervals no longer than thirty (30) hours prior to the sanctioned bout, and not less than eight (8) hours prior to their scheduled bout.
  - a. All boxers shall be examined again in their dressing rooms or specified area designated by the hosting commission prior to their contest.

## **ON-SITE MEDICAL PHYSICIAN, PARAMEDICS AND MEDICAL EQUIPMENT REQUIREMENTS**

13. No Canadian National Boxing Authority sanctioned contests shall begin, or continue, unless two qualified ring physicians are in attendance; including
  - a. One physician being seated at ringside, and
  - b. A portable resuscitator with oxygen equipment be in place with trained personnel, and
  - c. The placement of a stretcher with immediate access to the ring and

- d. An ambulance is present for entirety of the event and retained as long as necessary.

#### **PROXIMITY OF MEDICAL FACILITIES**

14. The Canadian National Boxing Authority shall only sanction contests where it is satisfied that the location of the event has immediate access to the appropriate medical facilities, reasonably close enough to the venue and equipped to manage any injuries that are reasonably foreseeable given the inherent risks of professional boxing.

#### **APPROVED GLOVES**

15. The promoter shall provide two (4) pairs of the new, thumb-less and/or attached thumb gloves approved by the host commission and the Canadian National Boxing Authority Supervisor.
  - a. One set of gloves shall be used in the contest; with
  - b. The secondary gloves are controlled by the host commission or CNBA Supervisor.
  - c. In all contests, **male boxers in** weight classes above one hundred fifty-four (154) pounds (69.85 Kg.), shall use gloves that are ten (10) ounces (283.50 grams) in weight.
  - d. **Male boxers** in weight classes from and including one hundred fifty-four (154) pounds (69.85 Kg.) and below shall use gloves that are eight (8) ounces (226.80 grams) in weight.
  - e. In all contests, **female boxers** in weight classes above one hundred forty-seven (147) pounds (66.68 Kg.), shall shall use gloves that are ten (10) ounces (283.50 grams) in weight.

#### **PERSONAL PROTECTORS FOR ALL BOXERS (Mouth Protector (General Rules and Regulations))**

16. In the event a contestant loses his/her mouth protector during the progress of a round, the referee shall call a time-out as soon as is practicable, retrieve the mouth protector, and have it washed and replaced. A boxer who, in the opinion of the referee, deliberately spits out his/her mouth protector during the course of a contest shall be given a warning for the first occurrence; a point shall be deducted for the second occurrence; and the offending boxer shall be disqualified for the third occurrence in a contest.
  - a. Every boxer participating in a Canadian National Boxing Authority sanctioned contest must have two (2) mouthpieces in the corner when he/she enters the ring prior to the contest.
  - b. It is expressly understood that a contest shall not be terminated by a low blow, as the protector that must be used by both contestants is sufficient protection to withstand any so-called low blow which might incapacitate any of the contestants.
  - c. Male boxers are to wear a groin protector and
  - d. Female boxers must wear a groin protector and breast protector or sports bra.

### **PROHIBITED ACTIONS OF SECONDS (General Rules and Regulations)**

17. Excessive use of water in the corners shall not be permitted. It is STRICTLY PROHIBITED for the seconds to throw sponges, towels or any other foreign object into the ring at any time, but such action shall not be cause to stop a contest. The mutilation of gloves is absolutely prohibited and whoever does so will be subject to a fine or suspension or both in addition to being assessed the cost of the gloves.

### **PROHIBITED DRUGS (General Rules and Regulations)**

18. The administering or use of drugs or stimulants, including smelling salts or ammonia, either before or during a contest, to or by a contestant is **STRICTLY PROHIBITED**. Any contestants violating this Rule shall be subject to disqualification. Any substance other than plain water and/or an electrolyte replenishment if and as approved by the host commission, is prohibited from being ingested during the contest. The discretionary use of petroleum jelly is permitted around the eyes, bridge of the nose and behind the ears. No grease or other substance is permitted on the body, arms or legs of a contestant. All boxers shall abide by the Canadian National Boxing Authority and host commission Drug Testing Policies.

### **MANDATORY EIGHT COUNT**

19. In all boxing contests, including championship contests, when a contestant is clearly knocked down, he/she shall take a mandatory count of eight (8), whether or not he/she has regained his/her feet before the count of eight (8) is reached.

### **THREE (3) KNOCKDOWNS**

20. The three (3) knockdown rule is waived by the Canadian National Boxing Authority in all elimination or championship contests; however, the referee at his/her sole discretion, shall determine the termination of a bout based on the condition of a boxer.

### **RESIDUAL BLOOD REMOVAL FROM RING**

21. All residual blood remaining in the ring shall be disinfected immediately following the contest; or as per standard in place by the hosting commission.

### **EXTENDED REST PERIODS BETWEEN ROUNDS**

22. When a medical examination is required for a contestant between rounds, the rest period may be extended beyond sixty (60) seconds by the Ringside Physician who shall signal a "time-out"
  - a. Should the inter-round rest period be extended beyond ninety (90) seconds, under such circumstances, the contest shall be automatically terminated.

### **POST-MEDICAL TREATMENT FOR KO'D BOXER**

23. When a contestant has been knocked out, none of his handlers or the referee are to touch him/her except to remove his/her mouth protector until the ringside physician enters the ring and personally attends the fallen contestant and issues such instructions to the contestant's handlers as he/she so determines; or

- a. Instruct an injured boxer, his chief second or manager to remain inside the ring following a contest to further assess their condition or
- b. Instruct that the boxer and his team to remain on-site until the physician deems advisable or
- c. Render emergency treatment, or recommend further treatment or hospitalization and
- d. Provides a report in accordance to the host commission and the Canadian National Boxing Authority Bout Supervisor.

#### **SUSPENSIONS AND RECOMMENDATIONS**

24. a. **Knockout and Technical Knockout - Head Blows:**

- i. Contestants who suffer a knockout (KO) or a technical knockout from blows to the head (TKO-H) shall be suspended for not less than sixty (60) days.
- ii. Contestants who suffer two (2) consecutive or a combination of two (2) knockouts or technical knockouts from blows to the head (TKO-H) within a six (6) month period shall be suspended for not less than one hundred eighty (180) days.
- iii. Contestants who suffer three (3) consecutive or a combination of three (3) knockouts (KO) or technical knockouts from blows to the head (TKO-H) within a one (1) year period shall be suspended for not less than (1) one year.

b. **Technical Knockouts – Cuts:**

Contestants who suffer a technical knockout as the result of cuts (TKO-C) shall be suspended for not less than thirty (30) days.

c. **Technical Knockouts - Body Blows:**

Contestants who suffer a technical knockout as the result of blows to the body (TKO-B) shall be suspended for such duration as prescribed by the Ringside Physician.

d. **Required Medicals for re-instatement:**

Contestants who are suspended shall not be re-instated until successfully passing a medical examination as follows:

- i. For knockout and technical knockout from blows to the head, a complete medical examination; or
- ii. For technical knockouts from cuts or blows to the body, a medical examination as prescribed by the Ringside Physician.

e. **Boxers Resuming Training Post Suspension:**

In all cases the contestant shall refrain from contact training until at least one-half (1/2) of the suspension period has expired and shall not partake in said contact training until the necessary medical examination has been passed. Failure to comply with this provision may invoke automatic permanent suspension for the contestant AND his manager where the Canadian National Boxing Authority has jurisdiction.

f. **General Suspensions:**

The ringside physician is always empowered to suspend any boxer where he/she deems a suspension is warranted for the ongoing protection of the boxer.

- i. The suspended boxer may be re-instated after successfully passing a complete medical examination; or
- ii. in the case of consecutive knockout losses, or history of knockout losses, the boxer may be ordered retired for his/her own protection

**RETINAL DETACHMENT**

25. Any contestant diagnosed as having a detached retina shall be permanently barred from professional contests or exhibitions, unless he/she has received treatment and a qualified retinal surgeon certifies the contestant is safe to box in their home jurisdiction meeting all requirements to have their license reinstated.

**MANDATORY REST PERIOD RECOMMENDATIONS**

26. A mandatory rest period shall be imposed upon all boxers as follows:
- a. Thirty (30) days rest for contestants who have actually competed in ten (10) rounds or more;
  - b. Twenty-one (21) days rest for contestants who have actually competed in six (6) to nine (9) rounds; and
  - c. Fourteen (14) days rest for contestants who have actually competed in one (1) to five (5) rounds.